



Community Connections Ice Breaker – Session 1 How to Get Connected

TITLE: Skittles

SUPPLIES NEEDED: One Pound Bags of Skittles Candy – Figure about 1 bag per 10 participants

TO DO: When people are seated, tell participants they can take a handful of Skittles – just don't eat them until you tell them they can. Once the Skittles have made it around the room, ask them to tell everyone something about themselves for each Skittle they took. They must tell their name as the first "Skittle" item.

This is a fun, easy way of sharing information about themselves. If they are "greedy", it may take awhile. ☺

GOAL: To help everyone get acquainted

